

Professor Jean-Paul Meningaud

Plastic, Reconstructive, Aesthetic & Maxillofacial Surgery — Paris 16
(Avenue Foch)

As a plastic, reconstructive, and cosmetic surgeon, I support my patients with particular expertise in facial surgery (deep plane facelifts, difficult necks, complex eyelids, revision surgery), tissue restoration techniques, and the comprehensive management of lipedema. My approach is resolutely personalized, natural, rigorous, and humanistic, based on medical excellence.

Key areas of expertise

- Face and neck rejuvenation (deep plane facelift, neck lift)
- Eyelid and periorbital surgery (blepharoplasty, complex eyelids)
- Rhinoplasty (medical and surgical)
- Facial feminization and facial attractiveness
- Lipedema surgery (including full-leg lipedema)
- Maxillofacial and reconstructive surgery (orthognathic, salivary glands, facial trauma, cancer reconstruction)



Contact & appointments

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Online contact form:
www.meningaud.com

Scan to contact / request an appointment



About Professor Meningaud

Professor Jean-Paul Meningaud's professional activities focus on general plastic surgery, maxillofacial and facial plastic surgery, and aesthetic medicine and surgery. He was a professor at the University of Paris 12 for 16 years and headed the Plastic, Reconstructive, Aesthetic and Maxillofacial Surgery Department at Henri Mondor University Hospital for 13 years.

- Former intern at Paris Hospitals
- Former Senior Registrar at CHU Pitié Salpêtrière
- Former Head of Department, CHI de Villeneuve-Saint-Georges
- Former University Professor, Paris 12
- Past President of the European Association for Cranio-Maxillo Facial Surgery (2018–2020)
- Legal expert at the Paris Court of Appeal since 2006; accredited by the Court of Cassation since 2012
- Participated in seven face transplants since 2007
- Admitted to the National Academy of Surgery (2018), then full member

Clinical practice — main pillars

Face & neck rejuvenation

Modern facelifts are designed to be conservative and tissue-friendly: less skin traction, more work on the deeper muscular plane, and a careful approach to facial volumes.

- Deep Plane Facelift — natural repositioning of tissues; focus on long-lasting neck and jawline definition
- Neck lift — skin tightening and platysma repositioning for a refined cervico-mental angle
- Blepharoplasty — eyelids, dark circles, ptosis, and subtle periorbital rejuvenation

Facial reshaping & harmony

A comprehensive facial analysis may combine surgical and non-surgical techniques to enhance balance, refine contours, and preserve individual identity.

- Rhinoplasty — medical (injectable) or surgical, depending on indication
- Facial feminization and facial attractiveness — surgical or medical techniques to support facial harmony
- Global facial beautification — tailored strategies for proportion and contours

Clinical practice — main pillars (continued)

Lipedema management

Lipedema is a chronic, progressive condition characterized by symmetrical fat deposits on the limbs, often associated with pain, sensitivity to touch, and easy bruising.

- Comprehensive assessment and clear diagnosis pathway
- Surgical management of lipedema (including full-leg lipedema) when indicated
- Individualized follow-up with a focus on function and quality of life

Maxillofacial & reconstructive surgery

A maxillofacial background supports advanced management of facial trauma, jaw surgery, salivary gland conditions, and complex reconstructions.

- Orthognathic surgery (jaw alignment) and facial skeletal procedures
- Salivary gland surgery and selected facial pathologies
- Cancer reconstruction — including microsurgical reconstruction when needed

Aesthetic medicine & skin quality

Aesthetic medicine includes a wide range of techniques. In practice, the most useful and well-validated tools combine injections (hyaluronic acid, botulinum toxin) with energy-based devices and skin-quality treatments.

- Hyaluronic acid fillers — tailored volumes and precise placement
- Botulinum toxin (Botox) — natural motion, not a “frozen” look
- Laser techniques and light-based treatments (including LED-assisted therapy)
- Radiofrequency for skin tightening (face, neck, and selected body areas)
- Regenerative approaches when indicated (e.g., PRP / lipofilling synergies)

How to prepare your visit

A consultation is the ideal place to discuss your goals, options, realistic outcomes, recovery, and possible complications. Every plan is tailored to your anatomy and your expectations.

- **Step 1 — Contact the office:** by phone or via the online contact form.
- **Step 2 — Consultation:** medical history, clinical examination, and discussion of options.
- **Step 3 — Personalized plan:** indications, timing, and information on pre- and post-operative care.

Why there are no before/after photos on the website

In France, publishing “before and after” images may be considered misleading or promotional. A consultation remains the best way to receive honest, individualized information and to review options safely.

Contact

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+33 (0)6 20 52 25 66

Address

65 Avenue Foch
75116 Paris, France

Website

www.meningaud.com

Appointments

Online contact form on the website

Scan to reach the contact page

Contact page: </en/professor-meningaud-paris-contact/>

This brochure provides general information only and does not replace an individual medical consultation.